



niacah

FOUNDATION

We care about our **country**,
her **mothers** and her **children**..

The foundation of care

What is our Aim?

To lay a solid
foundation for a
better future for the
mothers, infants and
children in **Central
South Africa**



Who are we?

Founder Directors



Prof G van Zyl



Prof A Venter



Dr R van Zyl

Our directors



Mr D Abbey



Prof M Arnold



Dr A Laubscher



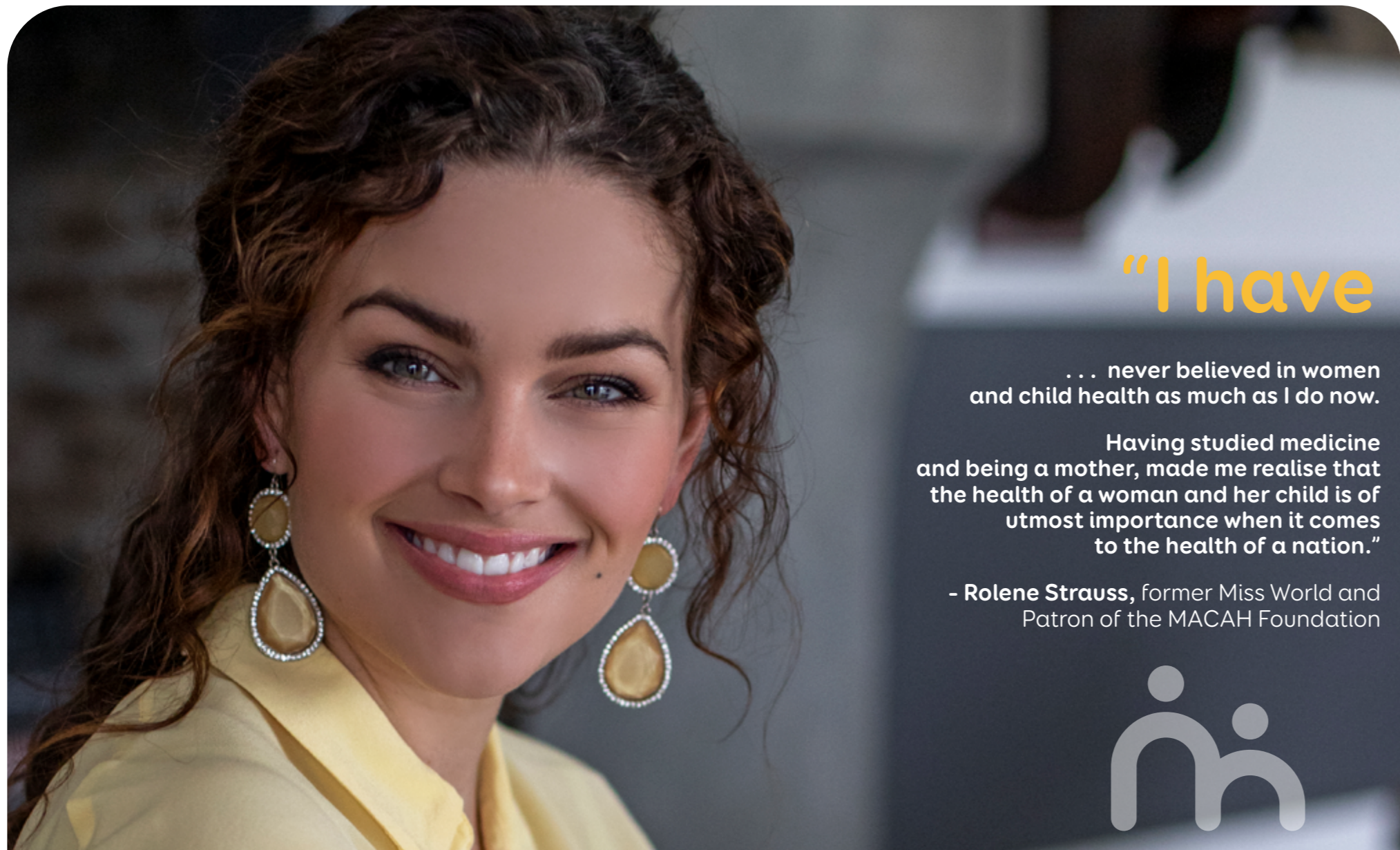
Me R Lewin



Dr N Nematswerani



Me K Selebano



"I have

. . . never believed in women and child health as much as I do now.

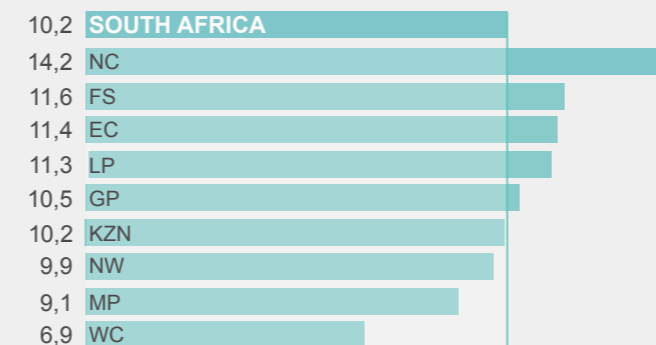
Having studied medicine and being a mother, made me realise that the health of a woman and her child is of utmost importance when it comes to the health of a nation."

- Rolene Strauss, former Miss World and Patron of the MACAH Foundation

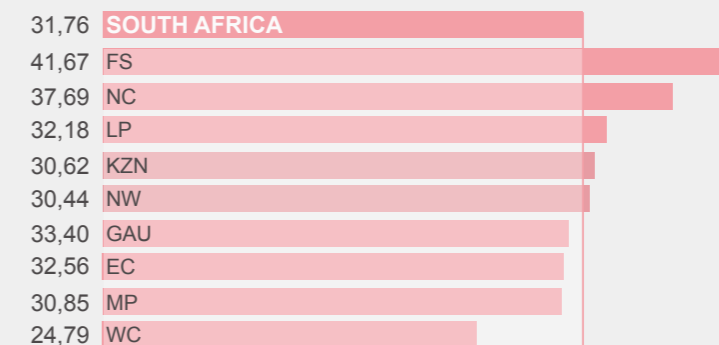


The facts

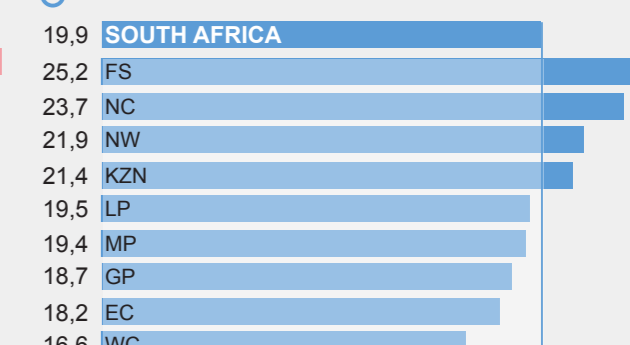
Early Neonatal Mortality Rates * deaths per 1000births



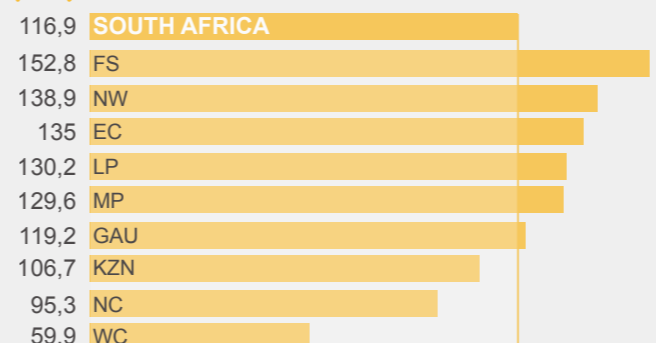
Perinatal Mortality Rates * deaths per 1000 births



Stillbirth Rates * deaths per 1000 births

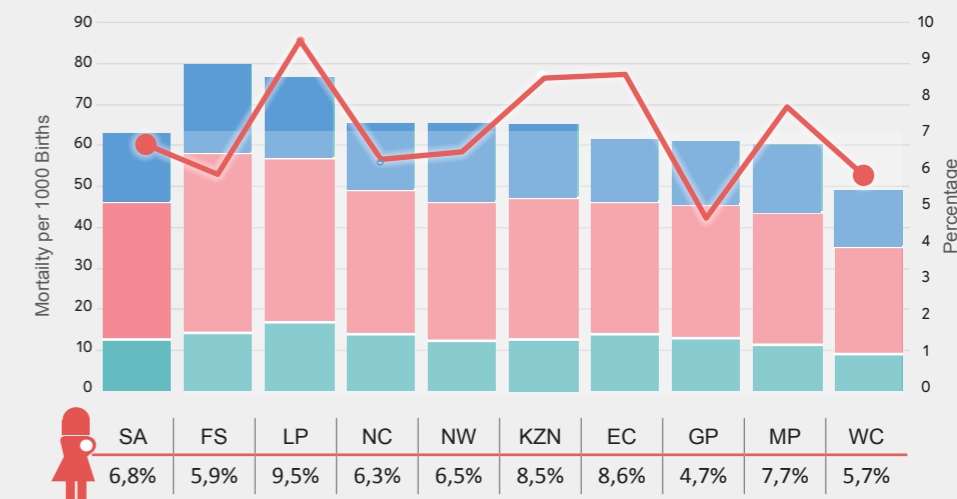


Maternal Mortality Rates * deaths per 100 000 births



• SOURCE:DHIS 2017-2019

SUMMARY of Mortality Rates vs % Deliveries of U/18's (in facilities)



structure
of the
macah
FOUNDATION



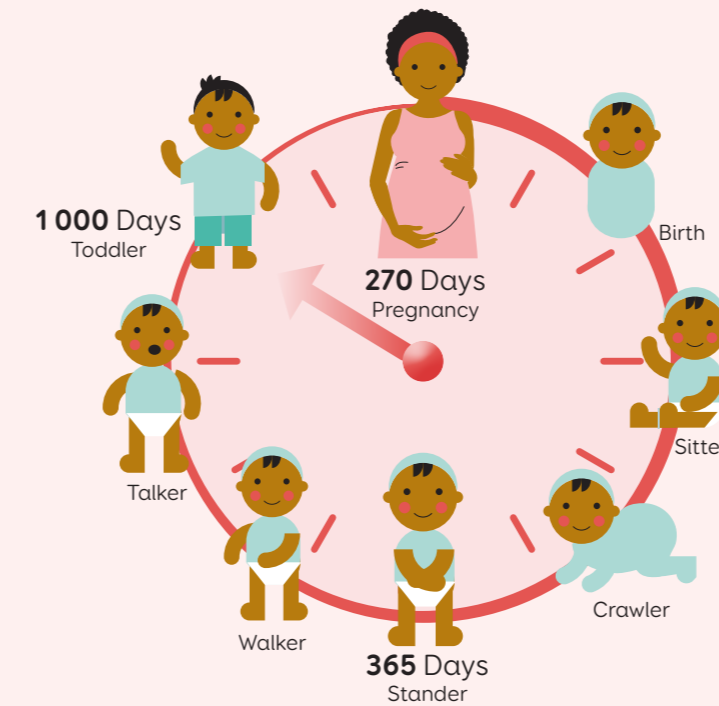

children's wing
project

macah
THE FREE STATE
MOTHER AND CHILD
ACADEMIC HOSPITAL

first 1000
days initiative

PRIORITY 1

first 1000
days campaign



From **time of conception** to
a baby's **second birthday**

Why?

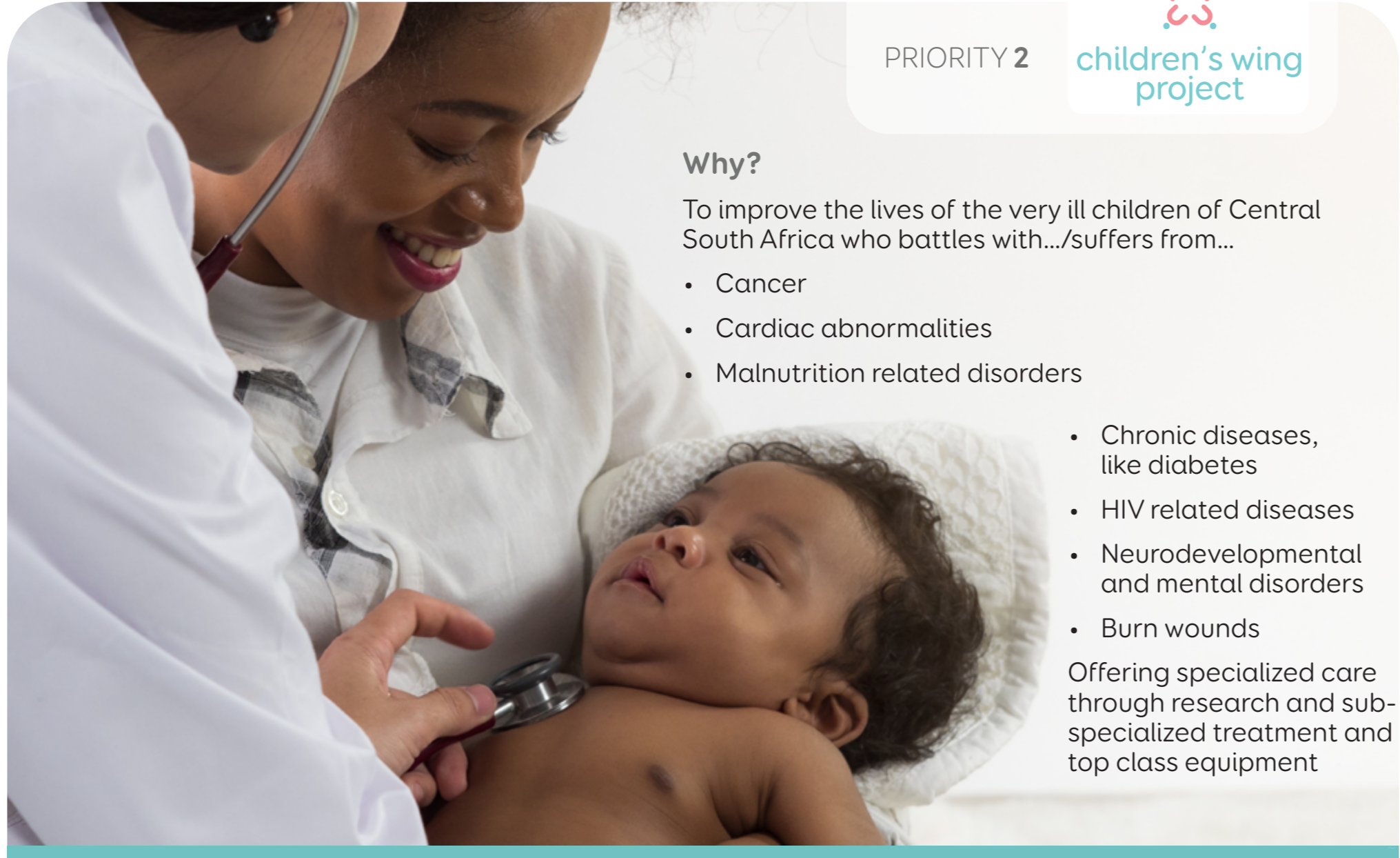
To decrease...

- mothers who die during labor in Central SA
- infants who die at birth
- malnutrition in infants and children
- infants born with deformities
- unplanned teenage pregnancies

Outcomes

- Create a healthier and more wholesome environment from conception to 2 years of age
- Inform our teenagers and young adults to prepare for parenthood
- Upskill our health care professionals to counsel and advise mothers

'Rather plan to get pregnant, than falling pregnant'
- Princess Gabo Moroka-Motshabi



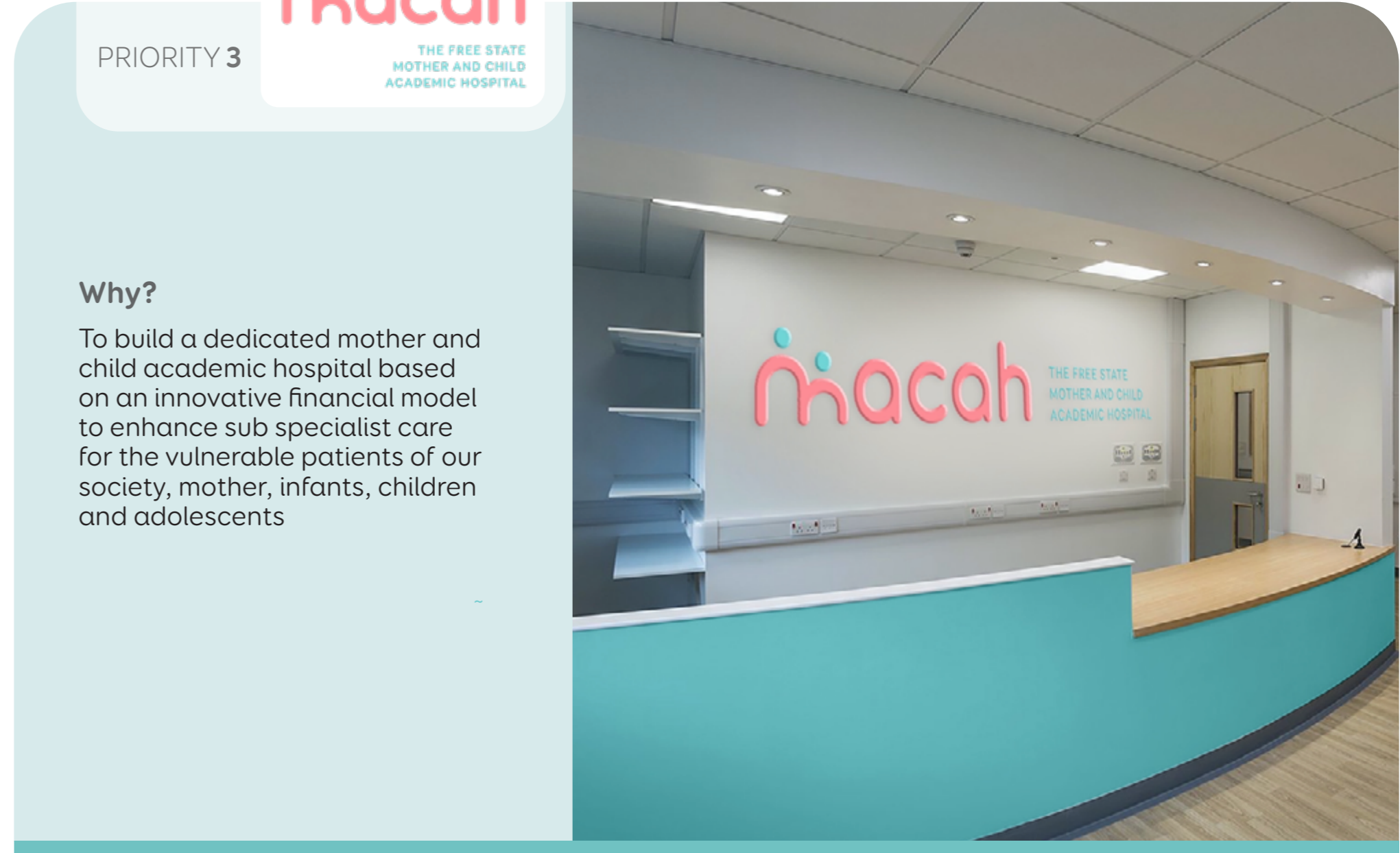
PRIORITY 2



Why?

To improve the lives of the very ill children of Central South Africa who battles with.../suffers from...

- Cancer
 - Cardiac abnormalities
 - Malnutrition related disorders
 - Chronic diseases, like diabetes
 - HIV related diseases
 - Neurodevelopmental and mental disorders
 - Burn wounds
- Offering specialized care through research and sub-specialized treatment and top class equipment



PRIORITY 3



Why?

To build a dedicated mother and child academic hospital based on an innovative financial model to enhance sub specialist care for the vulnerable patients of our society, mother, infants, children and adolescents

Proposed Outcomes

‘Quality is **never an accident**; it is always the result of high intention, **sincere** effort, **intelligent** direction and **skillful** execution’

A. A new generation of children who would be able to reach their optimal potential, improving the intellectual capacity and the economic power of the communities that we serve.

B. Improved quality care for the most vulnerable citizens of our community resulting in lower mortality and morbidity figures.

C. A dedicated academic hospital providing specialized care to all the mothers, infants and children of Central South Africa also offering specialized training to all levels of health care professionals making it a **tertiary training unit of choice**.



How can you support us...

ENDOWMENT FUND

seeking significant investments to provide sustainability of the MACAH Foundation from the interest

DEBIT ORDER

to enable our loyal individual donors and supporters to contribute with ease towards the focused projects

DONATIONS

to enable corporates, companies and foundations to get involved by donating towards specific projects based on a formal proposal

SPONSORSHIPS/GRANTS

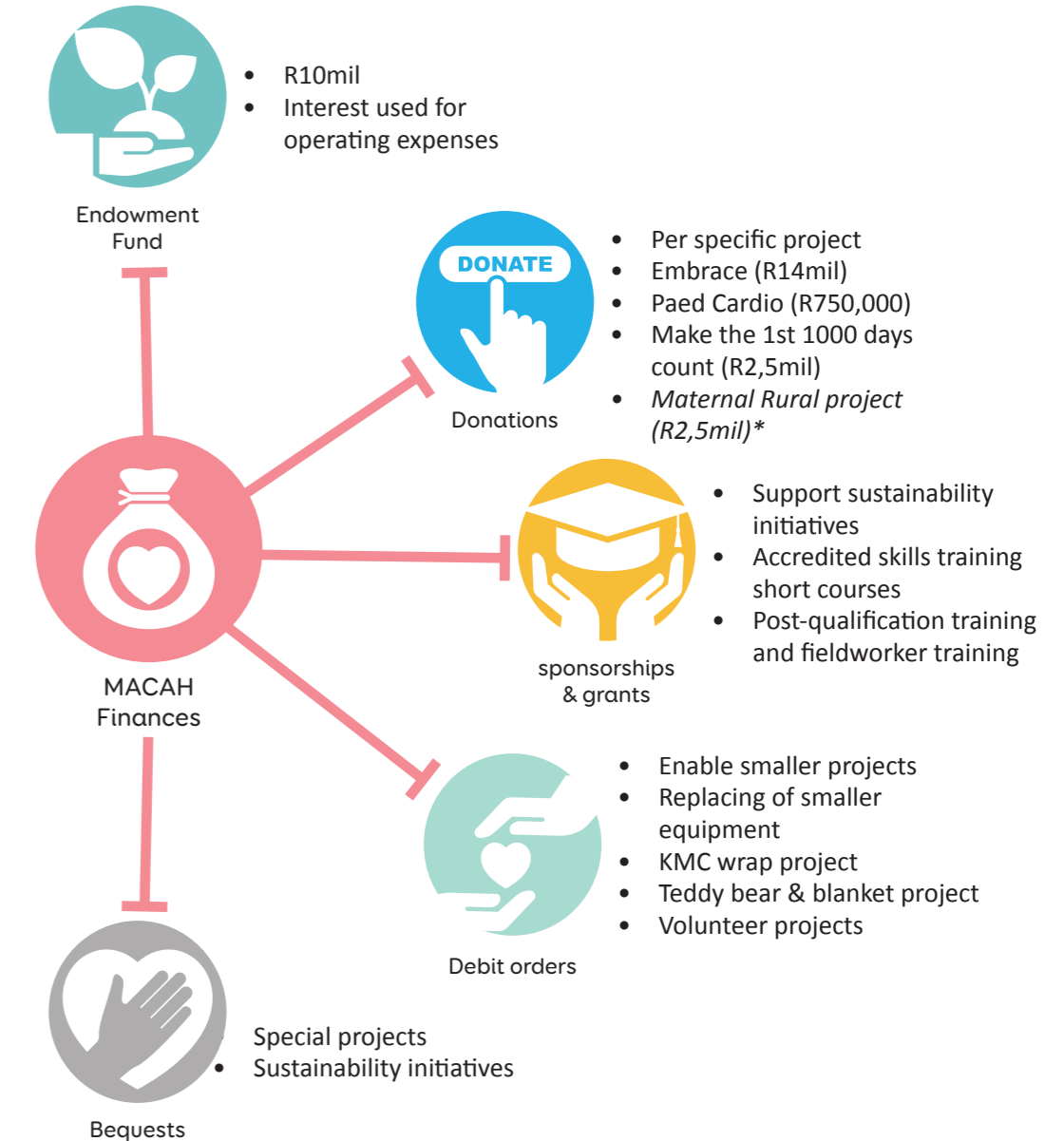
in support of our sustainability plan to develop and implement accredited skills training, eg. Postgraduate training, specialized skills training and fieldworker training.

BEQUESTS

to envisage that MACAH be considered for a bequest as a lifelong legacy.

‘If you want to build a healthy nation in South Africa, set the foundation for a solid first 1000 days!’


- David Abbey





Contact details


PO Box 29864, Danhof, 9310
205 Nelson Mandela Drive, Bloemfontein, 9301

 +27 82 808 6099

 foundation@macahfoundation.org.za
debruintr@ufs.ac.za

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 [macahfoundation](https://www.instagram.com/macahfoundation)

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